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| Said | Implied | response |
| ‘”No! Don’t tell anyone, because if we tell people, then it becomes true.”’ (2) | Its implied that the author is in denial about their father’s passing and doesn’t want to admit it. | This is literally the textbook response to grief. It is the first stage; denial. |
| “I ate a loathed meal and forgot to clean my teeth, on my chest a heavy, awful weight, and inside my body a sensation of eternal dissolving.” (3) | The author admits to ignoring their own needs because they are feeling so depressed. | This is very relatable to me because when I feel these types of emotions, I also start neglecting my basic duties. |
| “The laughter becomes tears and becomes sadness and becomes rage.”(4) | Its implied that the author is reminiscing about the past with their father, and is happy it happened, but is also very mad that those times are gone. | This is again, part of the stages of grief, and they have moved into the second stage of anger. |
| “Who is this message for? “On the loss of your father,” one says. Whose father?” (5) | The author is still denying that their father has passed away, even after everyone is coming to say their condolences. | In this state the author is trying to pretend to themselves that everything is alright and nothing has changed. |
| “I cannot think too much; I dare not think too deeply, or else I will be defeated, not merely by pain but by a drowning nihilism, a cycle of thinking there’s no point, what’s the point, there’s no point to anything.” (6) | The author is describing the thoughts that they have when they dwell too long on the current reality, and that they will fall down a rabbit hole of nihilism if they think too much. If they deny reality, they feel better | This is another stage of grief, depression, the stages of grief are not always in order. After the loss of their father, they are starting to feel depressed when they think too much. |
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